## First Regional Suicide Prevention Summit for the Construction Industry

On April 7, 2016, CFMA's Valley of the Sun Chapter presented the inaugural Suicide Prevention Summit, a collaboration between members of the construction industry and mental health professionals to **discuss suicide prevention for the construction industry.** Designed for construction industry CEOs, CFOs, HR professionals, and safety and risk managers, the event provided a wealth of knowledge and resources to more than 100 industry professionals. "National data shows that men are four times more likely to die by suicide than women, and Arizona's numbers mirror this statistic," explained Sandra McNally of EMPACT-Suicide Prevention Center. "It is wonderful to see the **construction industry's concern** about the issue of suicide in their field."



SALLY SPENCER-THOMAS, Carson J Spencer Foundation and CAL BEYER, Lakeside Industries

## **Speaking Out About Suicide**

Cal Beyer, Director of Risk Management at Lakeside Industries and Executive Committee member of the National Action Alliance for Suicide Prevention, lauded, "The overwhelming support from sponsors and the strong participation by contractors reinforces that the time has come for this topic. **Great strides** have been made in breaking the wall of silence around mental health and suicide prevention. Contractors want to learn how to build a caring culture to help their employees get the assistance they need to cope with life struggles. I've never been more proud to be a CFMA member."

Summit attendees heard personal stories of loss, participated in a panel discussion, **connected with community** mental health professionals, and took away resources to help promote mental health and suicide prevention as part of their companies' overall wellness initiatives.

"The Valley of the Sun Chapter was honored to accept the challenge of organizing this inaugural Suicide Prevention Summit. The education and sharing by speakers and attendees provided a dramatic first step for our industry to move past the stigma associated with the mental health of our employees," noted former president of CFMA's Valley of the Sun Chapter, David James. "CFMA has shown, once again, its tremendous value to our industry, our companies, and our employees."

Stuart Binstock, CFMA's President and CEO, added, "We applaud the efforts of Cal Beyer and our Valley of the Sun Chapter in putting together a transformational program for the construction industry. Our members are stewards of the financial health of their organizations. Nothing is more important to a construction company than protecting and supporting its most valuable asset: human capital. CFMA is proud to be at the forefront of this important initiative."



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**DAVID JAMES,** FNF Construction, Inc.



KEITH GORDON, JP Griffin Group; GRANT GETMAN, Red Mountain Rentals, LLC; and DAVID JAMES, FNF Construction. Inc.

## JIM BRACY, Willis Towers Watson and DAVID JAMES,

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## **Event Coverage**

Visit katch.me/carolhagen/c/2016-cfmasuicide-prevention-summit or follow #SuicidePreventionCFMA on social media.



MICHELLE WALKER, Specialized Services Co. and CAL BEYER, Lakeside Industries

PANELISTS:
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