



Working Minds
Suicide Prevention in the Workplace

The Problem:

- Deaths by suicide cost the United States \$44 billion dollars annually.
- Approximately 80% of persons with depression reported some level of functional impairment because of their depression
- In a 3-month period, patients with depression miss an average of 4.8 workdays and suffer 11.5 days of reduced productivity
- Depression is estimated to cause 200 million lost workdays each year at a cost to employers of \$17 to \$44 billion

The Solution: Working Minds

Working Minds™ trains organizations to proactively address the early warning signs of suicide in the workplace. Just as organizations have realized they can help reduce heart disease by encouraging exercise, they can also reduce suicide by promoting mental health and encouraging early identification and intervention.

The training, developed by the Carson J Spencer Foundation, is listed on the National Best Practices Registry for suicide prevention. Working Minds™ and Working Minds Pro™ will educate and equip them with tools to address mental health and suicide concerns at work.



Working Minds

Suicide Prevention in the Workplace

Working Minds™ Train the Trainer

This 8 hour training gives participants the tools to deliver the 2 hour Working Minds™ training and the 4 hour Working Minds Pro™ training in the community. After completing the course, trainers are able to give participants the tools to identify people at risk and respond to a crisis. The goal is to give simple tools for a healthy workplace.

Learning Objectives

- Understand why suicide prevention is important in the workplace.
- Recognize signs and symptoms of suicidal risk.
- Practice facilitating conversations around suicide.
- Identify best practices for organizations in the aftermath of a suicide.
- Learn tools to market program to high stress workplaces.

Price: \$295

Includes:

- 8 hour T4T session
- Marketing Materials
- Instructor Toolkit
- Working Minds™ Powerpoint
- Participant Workbook
- Access to Trainer Portal
- Working Minds™ Wallet card
- Working Minds™ Magnet

To attend a training contact Scott Drochelmann at the Carson J Spencer Foundation (303.219.5042 or Scott@CarsonJSpencer.org).